

**Wheelchair Skills Test Questionnaire (WST-Q), Version 4.3**  
**Manual Wheelchairs Operated by Wheelchair Users**

Name of the wheelchair user: \_\_\_\_\_ Date: \_\_\_\_\_

Person completing questionnaire (if not user): \_\_\_\_\_

Relationship between the wheelchair user and the person who helped him/her: \_\_\_\_\_

#	Individual Skill	Capacity (0-2)	Confidence (0-2)	Performance (0-4)	Training Goal? (Y/N)
1	Operates body positioning options				
2	Rolls forwards short distance				
3	Rolls backwards short distance				
4	Turns in place				
5	Turns while moving forwards				
6	Turns while moving backwards				
7	Maneuvers sideways				
8	Reaches high object				
9	Picks object from floor				
10	Relieves weight from buttocks				
11	Level transfer				
12	Folds and unfolds wheelchair				
13	Gets through hinged door				
14	Rolls longer distance				
15	Avoids moving obstacles				
16	Ascends slight incline				
17	Descends slight incline				
18	Ascends steep incline				
19	Descends steep incline				
20	Rolls across side-slope				
21	Rolls on soft surface				
22	Gets over threshold				
23	Gets over gap				
24	Ascends low curb				
25	Descends low curb				
26	Ascends high curb				
27	Descends high curb				
28	Performs stationary wheelie				
29	Turns in place in wheelie position				
30	Descends steep incline in wheelie position				
31	Descends high curb in wheelie position				
32	Gets from ground into wheelchair				
33	Ascends stairs				
34	Descends stairs				
Total scores:		%			

General comments:

Training goals described by the wheelchair user, other than those noted for specific skills:

Name and address of any person(s) to whom the test subject would like a copy of the report to be sent.

Details about the WST can be found in the WSP Manual at [www.wheelchairskillsprogram.ca](http://www.wheelchairskillsprogram.ca).