

**Wheelchair Skills Test (WST) Version 4.2 Form**  
**Manual Wheelchairs Operated by Caregivers**

Name of wheelchair user: \_\_\_\_\_

Tester: \_\_\_\_\_ Date: \_\_\_\_\_

#	Individual Skill	Capacity Score* (0-2)	Training Goal? (Y/N)	Comments
1	Operates body positioning options			
2	Rolls forwards (10 m)			
3	Rolls backwards (2 m)			
4	Turns while moving forwards (90°)			
5	Turns while moving backwards (90°)			
6	Turns in place (180°)			
7	Maneuvers sideways (0.5 m)			
8	Gets through hinged door			
9	Relieves weight from buttocks (3 sec)			
10	Transfers to and from bench			
11	Folds and unfolds wheelchair			
12	Rolls 100 m			
13	Avoids moving obstacles			
14	Ascends 5° incline			
15	Descends 5° incline			
16	Ascends 10° incline			
17	Descends 10° incline			
18	Rolls across side-slope (5°)			
19	Rolls on soft surface (2 m)			
20	Gets over gap (15 cm)			
21	Gets over threshold (2 cm)			
22	Ascends low curb (5 cm)			
23	Descends low curb (5 cm)			
24	Ascends curb (15 cm)			
25	Descends curb (15 cm)			
26	Performs stationary wheelie (30 sec)			
27	Turns in place in wheelie position (180°)			
28	Gets from ground into wheelchair			
29	Ascends stairs			
30	Descends stairs			
Total score:*		%		

\* See score options and formula for calculating total score on page 2

Comments:

Training goals:

Person (if any) and address to whom the test subject would like a copy of the report to be sent:

#### Scoring Options for Individual Skills

Score	Score	What this means
Pass	2	Task independently and safely accomplished without any difficulty.
Pass with difficulty	1	The evaluation criteria are met, but the subject experienced some difficulty worthy of note.
Fail	0	Task incomplete or unsafe.
Not possible	NP	The wheelchair does not have the parts to allow this skill.
Testing error	TE	Testing of the skill was not sufficiently well observed to provide a score.

#### Formula for Calculating Total Scores

Total Capacity Score =  $\frac{\text{sum of individual capacity scores}}{[30 - \# \text{ of NP and TE scores}] \times 2} \times 100\%$

Copies can be downloaded from [www.wheelchairskillsprogram.ca](http://www.wheelchairskillsprogram.ca)